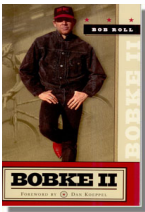


BIKING LEGENDS - Armstrong to Zinn



Bobke II

By Bob Roll

Lovingly known as "Boob-Ka" to his fans, Bobke tips his cap to the classic riders and races & takes us on a grueling week of training with Lance Armstrong, tells the sport as he sees it, and entertains us with plenty of diddies and rants.

208 pages 6 x 9

1-931382-28-X 2003 B193.....\$16.95



Fast After 50

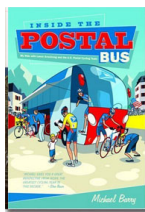
by Joe Friel

How to Race Strong for the Rest of Your Life!
For every endurance athlete who wants to stay fast for years to come: cyclists, runners, swimmers, skiers, rowers, and triathletes. Read this groundbreaking book and you'll see that with the right approach, age is just a number - and

race results are the only numbers that count.

336 pages 9 x 7

978-1-937715-26-7 2015 B303.....\$21.95



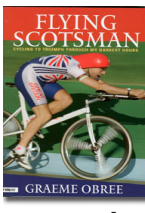
Inside the Postal Bus

By Michael Barry

It's the toughest job in sports: riding for Lance Armstrong in pursuit of a Tour de France victory. But it is also the most rewarding.

296 pages Size: 6 x 9

1-931382-61-1 B202.....\$21.95



The Flying Scotsman

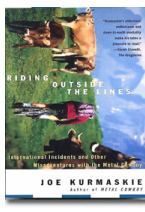
by Graham Obree

Riding a bike of his own design in his innovative "superman" riding position, Obree was an iconoclast, inventor, and superbly talented athlete. This book renders an intimate portrayal of his path to fame and recovery, and delivers an inspirational

message that will resonate with every reader.

264 pages 6 x 9

1-931382-72-7 2005 B211.....\$19.95



Riding Outside the Lines

by Joe Kurmaskie

Like a modern day Don Quixote, Joe Kurmaskie - bike adventurer, writer, and 12-year old boy trapped in a man's body - wanders the world on two wheels, often with hilarious results.

258 Pages 8 X 5

1-4000-4798-6 2003 B173.....\$13.00

Lance Armstrong's Epic Tales

Ask about discounts on these titles:

Every Second Counts

0-7679-1448-1 B175.....\$14.00

No Mountain High Enough

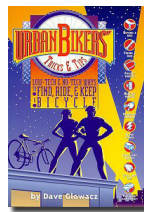
0-7679-1855-X B201.....\$24.95

Lance Armstrong's War

0-06-073497-3 B204.....\$25.95

Images of a Champion

1-59486-506-X B270.....\$24.95



Urban Bikers Tricks and Tips - 3rd Edition

by "Mr. Bike" Dave Glowacz

Low-tech & no-tech ways to find, ride, and keep a bicycle. Want to use your bike more? This book gives you the secrets to: What to do about a sore butt, how to keep your helmet from messing up your hair, how to lock to keep your bike from getting stolen - ever! Also, how to bike faster and with more comfort anywhere, any time!

258 Pages 9 X 6

978-0-9651728-2-0 2010 B056.....\$14.95

Zinn Maintenance



Zinn and the Art of Mountain Bike Maintenance - Fifth Edition

By Lennard Zinn

The most popular, up-to-date and detailed book on Mountain Bike maintenance available! Shows you in plain English how you can fix anything on today's mountain bikes. Photos and illustrations.

432 pages 8 1/2 x 11

978-1-934030-59-2 2016 B070.....\$24.95



Zinn and the Art of Road Bike Maintenance - Fifth Edition

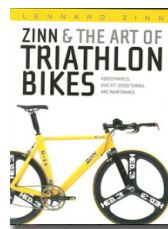
By Lennard Zinn

This is the world's best-selling guide to bicycle repair and maintenance. From basic repairs like how to fix a flat tire to advanced overhauls of drivetrains and brakes, Lennard Zinn's clearly illustrated guide makes every

bicycle repair and maintenance job easy for everyone.

486 pages 8 1/2 x 11

978-1-937715373 2016 B077.....\$26.95



Zinn and the Art of Triathlon Bikes

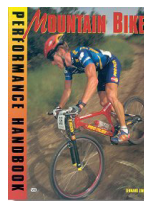
By Lennard Zinn

At last, a Zinn book that triathletes can call their own! Hundreds of thousands of road and mountain cyclists have turned to Lennard Zinn for expert bike advice. Now, Lennard shows you how to make your triathlon bike a faster, more efficient, and smoother-running

machine!

351 pages 8 1/2 x 11

1-931382-97-7 2007 B249.....\$24.95



Mountain Bike Performance Handbook

by Lennard Zinn

No matter how good your mount is out-of-the-box, careful tuning and key component upgrades can make it perform even better. Zinn's clear hop-up explanations cover the off-road bicycle from front hub to rear derailleur. Includes insider tips from racers, pro wrenches, and industry gurus.

258 Pages 8 X 5

0-933201-95-8 B068.....\$19.95